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Affiliated to Maharashtra University of Health Sciences, Nashik (MUHS)

**Sai Homoeopathy Medical College**

**साई होमिओपॅथी मेडिकल कॉलेज सासुरे-वैराग**

NCH CODE : 1667

MUHS CODE : 142118

DMER/AYUSH CODE : 014167

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# TEACHING PLAN (CBDC)

## HOMOEOPATHIC MATERIA MEDICA

### FIRST YEAR BHMS

#### REQUIRED LECTURES & PRACTICALS

LECTURES : 120 hrs

NON LECTURBS HOURS: 75 hrs

#### TOTAL LECTURES ACCORDING TO TIME TABLE:

THEORY: 200lus

PRACT/SEMINAR/TUTORIAL: 100 hrs

#### **Teaching Faculty:**

1) **Dr. Chougule Rahul Ramchandra**, Professor, H.O.D.

Theory 4 lectures /month.

2) **Dr. Mali Jitendra** , Associate professor

4 lectures /month.

3) **Dr. Jeurkar Meenal Shekhar**, Assistant professor

4 lectures /month.

4) **Dr. Jamdar Nikhil Shriprakash**, Assistant professor

4 lectures /month.



Ac. Yr - 2025-2026

## Term distribution

<b>FIRST TBRM</b>	<b>SECOND TERM</b>	<b>THIRD TERM</b>
<b>Dec.2025</b> <b>To</b> <b>April 2026</b>	<b>May 2026</b> <b>To</b> <b>Oct. 2026</b>	<b>Nov. 2026</b> <b>To</b> <b>April 2027</b>

# DEPARTMENT OF HOMOEOPATHIC MATERIA MEDICA

Advance Teaching Plan for the academic year 2025 -2026

First year B.H.M.S.

## LECTURE PLAN

Sr.N o	MONTH	DISTRIBUTION OF TOPICS				THEOR Y
		Dr. Chougule Rahul Ramchandra, Theory 4 lectures/month.	Dr. Mali Jitendra 4 lectures /month.	Dr. Jeurkar Meenal Shekhar, Theory 4 lectures/mont h.	Dr. Jamdar Nikhil Shriprakas h, Theory 4 lectures/mont h.	HOURS / MONTH
1	<b>DECEMBER - 2025</b>	Foundation course	Foundation course	Foundation course	Foundation course	15 DAYS
2	<b>January - 2026</b>	- Sources of Homoeopathic Materia Medica (04) -	- Definition and introduction of basic Materia Medica.	- Contrast between Materia Medica and Homoeopathic Materia Medica (06)	construction of Homoeopathic Materia Medica (3)  Baryta carb (3)	16 HOURS
3	<b>FEBRUARY -</b>	- Types of Homoeopathic Materia Medica (02) - Arnica Montana (02)	- Calc Carb (02)	- Natrum Mur. (02)	Baryta carb Silicea	16 HOURS
4	<b>MARCH</b>	- Arnica Montana (01) - Bryonia (03)	Calendula (04)	Sulphur. (04)	Rhus tox (04) Ledum pal (04)	16 HOURS
	<b>APRIL</b>	- Ruta (02) - REVISION (02)	Revision - calc carb 2	Hypericum (02)	Symphytum (02)	16 HOURS



	<b>MARCH</b>	Prelim exam	Prelim exam	Prelim exam	Prelim exam	16 HOURS
	<b>APRIL</b>	Preparatory leave	Preparatory leave	Preparatory leave	Preparatory leave	

## Advance Teaching Plan for the academic year 2025 -2026

### First year B.H.M.S.

#### NON-LECTURE PLAN

Sr.N o	MONTH	DISTRIBUTION OF TOPICS				THEOR Y HOURS / MONTH
		Dr. Chougule Rahul Ramchandra, Theory 4 lectures/month	Dr. Mali Jitendra 4 lectures /month.	Dr. Jeurkar Meenal Shekhar, Theory 4 lectures/mont h.	Dr. Jamdar Nikhil Shriprakash, Theory 4 lectures/mont h.	
1	<b>DECEMBER - 2025</b>	Foundation course	Foundation course	Foundation course	Foundation course	4
2	<b>January - 2026</b>	Group Discussion (01)	Group Discussion (01)	Group Discussion (01)	Group Discussion (01)	4
3	<b>FEBRUARY -</b>	Group Discussion (01)	Group Discussion (01)	Group Discussion (01) Revision (01)	Group Discussion (01)	4
4	<b>MARCH</b>	Problem Based Learning( 1)	Problem Based Learning( 1)	Problem Based Learning (1) Revision (01)	Problem Based Learning (1)	4
	<b>APRIL</b>	Problem Based Learning(1)	Problem Based Learning(1)	Revision (02)	Revision (01)	4
	<b>MAY</b>	Summer vacation				
	<b>JUNE</b>	-	-	Tutorial (42)	Tutorial (04)	8
	<b>JULY</b>	-	-	Tutorial (04)	Tutorial (04)	8

<b>AUGUST</b>	Case Based Learning (01)	Case Based Learning (01)	Case Based Learning (02)	Case Based Learning (03)	8
<b>SEPTEMBER</b>	Case Based Learning (01)	Case Based Learning (01)	Case Based Learning (04)	Case Based Learning (03)	8
<b>OCTOBER</b>	Case Based Learning (01)	Case Based Learning (01)	Case Based Learning (02)	Case Based Learning (01)	4
<b>NOVEMBER</b>	Case Based Learning (01)	Case Based Learning (01)	Case Based Learning (01)	Case Based Learning (02)	4
<b>DECEMBER</b>	Case Based Learning (01)	Case Based Learning (01)	Case Based Learning (04)	Case Based Learning (03)	8
<b>JANUARY 2026</b>	Case Based Learning (01)	Case Based Learning (01)	Case Based Learning (03)	Case Based Learning (04)	8
<b>FEBRUARY</b>	Case Based Learning (01)	Case Based Learning (01)	Case Based Learning (04)	Case Based Learning (03)	8
<b>MARCH</b>	Case Based Learning (04)	Case Based Learning (01)	Case Based Learning (03)	Case Based Learning (04)	8
<b>APRIL</b>	Revision (01)	Revision (01)	Revision (04)	Revision (03)	8



		-		REVISION (02)	REVISION (02)	
<b>MAY</b>	Theory of Biochemic system of medicine (02) (May vacation)	Dioscorea (02)	Aconite nap (02)	Cinchona (03) Apis mellifica (03)	16 HOURS	
<b>JUNE</b>	BIOCHEMIC SYSTEM AND ITS comparison with Homoeopathy	Aloes soc (02)	Colchicum (02)	Arsenic Alb (03) Cina (03)	16 HOURS	
<b>JULY</b>	Calc Flour (02) Calc Phos (02)	Dulcamara (02)	Colocynth (02)	Ignatia (03) Chamomila (03)	16 HOURS	
<b>AUGUST</b>	Calc Phos (02) Calc Sulph (02)	Gelsemium (03)	Belladonna (03)	Lycopodium (03) Podophyllum (03)	16 HOURS	
<b>SEPTEMBER</b>	Natrum sulph (02) Natrum Phos (02)	Nux vomica (03)	Carbo veg (03)	Cocculus (03) Pulsatilla nig. (03)	16 HOURS	
<b>OCTOBER</b>	- REVISION	REVISION (02)	REVISION (02)	REVISION	16 HOURS	
<b>NOVEMBER</b>	Ferr Phos (02) Kali Mur (02)	Coffea cruda	Aethusa cyn (03)	Antim Crud (03) Hepar Sulph (03)	16 HOURS	
<b>DECEMBER</b>	Kali Phos (02) Kali Sulph (02)	Croton tig (03)	Allium cepa (03)	Antim Tart (03) Ipecacuanha (03)	16 HOURS	
<b>JANUARY 2027</b>	Mag Phos (02)	Drosera (03)	Ammon Carb (03)	Arum triph (03) Natrum carb (03)	16 HOURS	
<b>FEBRUARY</b>	REVISION (02)	Euphrasia (03)	Ammon Mur (03)	Borax (03) Spongia (03)	16 HOURS	

# SYLLABUS DISTRIBUTION – FIRST YEAR B.H.M.S.

Sr. no.	Dr. Rahul Chougule	Dr. Jitendra Mali	Dr. Meenal Jeurkar	Dr. Nikhil Jamdar
TERM - I	<ul style="list-style-type: none"> <li>- Sources of Homoeopathic Materia Medica</li> <li>- types of Homoeopathic Materia Medica</li> </ul>	<ul style="list-style-type: none"> <li>- contrast between Materia Medica and Homoeopathic Materia Medica</li> </ul>	<ul style="list-style-type: none"> <li>- Definition and introduction of basic Materia Medica</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- construction of Homoeopathic Materia Medica</li> </ul>
	<ul style="list-style-type: none"> <li>- Arnica Montana</li> <li>- Bryonia</li> </ul>	<ul style="list-style-type: none"> <li>- Ruta</li> <li>- Hypericum</li> <li>- Symphytum</li> </ul>	<ul style="list-style-type: none"> <li>- Natrum Mur.</li> <li>- Calc Carb</li> <li>- Sulphur.</li> <li>- Calendula</li> </ul>	<ul style="list-style-type: none"> <li>Baryta carb</li> <li>Silicea</li> <li>Rhus tox</li> <li>Ledum pal</li> </ul>
TERM - II				
	<ul style="list-style-type: none"> <li>- Theory of Biochemic system of medicine</li> <li>- Its comparison with Homoeopathy</li> <li>-</li> <li>- Study of Biochemic tissue salts with their physico-</li> </ul>	<ul style="list-style-type: none"> <li>- (Biochemic tissue salts)</li> <li>- Calc Flour</li> <li>- Calc Phos</li> <li>-</li> <li>- Nuxvomica .</li> <li>- Cinchona</li> <li>- Coccus</li> <li>- Pulsatilla nig.</li> </ul>	<ul style="list-style-type: none"> <li>- Aconite nap</li> <li>- Colchicum</li> <li>- Aloes soc</li> <li>- Colocynth</li> <li>- Dulcamara</li> <li>- Belladonna</li> <li>- Gelsemium</li> </ul>	<ul style="list-style-type: none"> <li>- Apis mellifica</li> <li>- Dioscorea</li> <li>- Arsenic Alb</li> <li>- Cina</li> <li>- Ignatia</li> <li>- Chamomilla</li> <li>- Lycopodium</li> <li>- Podophyllum</li> </ul>



	chemical reaction - Calc Sulph . - Natrum Phos - .Natum sulph		- Carbo veg	
Term - III	Study of 5 biochemic tissue salts with their physico-chemical reaction: 1. FerrPhos 2. Kali Mur 3. Kali Phos	- (Biochemic tissue salts) - Kali Sulph - Mag Phos  - Ammon Mur - Euphrasia - Borax - Spongia - Scope and limitations of Homoeopathic Materia medica	- Aethusa cyn - Coffea cruda - Allium cepa - Croton tig - Ammon Carb - Drosera	- Antim Crud - Hepar Sulph - Antim Tart - Ipecacuanha - Arum triph - Natrum carb